



On # 4, for simplicity, I have utilized ascending modes based on a C major scale. You could, however, use any scale you wish. I usually pick a different scale each time just to get the brain working a bit! Don't go too fast. Play deliberately while striving for accuracy. You can tongue these a bit harder using a precise & crisp attack on each note. Crescendo the last note *slightly* and cut the last note off as it is still crescendo-ing.... this will tend to force you to control the air more comciuosly. Play up only as high as you will need for the session you will be playing.

#4

mf simile...  
Continue up as needed ???

Taken from Herbert L. Clarke's Technical Studies for Cornet. Play softly so you don't get too "spread out". Playing low notes too loud at at the beginning of a session may cause your sound to feel unfocused. This is not true for everyone so experiment. Notwithstanding that, playing softly will keep your chops from tiring. Concentrate on playing with speed but absolutely evenly. You can play all of these, or just one that is in a comfortable range.

#5

#6 End your warmup by playing a lyrical melody... I like something like "Stardust". Concentrate on producing a beautiful singing tone! This will get you thinking musically and help you focus on making great music.